

## April News & Updates (en Español)

2024

#### **April is Family Strengthening Month!**

- April 5th Wear Blue to show your support <u>Learn More</u>)
- April 6th 12th -Week of the Young Child (<u>Learn More</u>)
- April 11th Family Event at 4-C! (<u>Facebook Event Page</u>)

Tag 4-C @localchildcareexpert on <u>Facebook</u> and <u>Instagram</u> Use #familystrengthening to join us in celebrating families

# 4-C in the Community

4-C staff Brianne and Marlo attended the Early Childhood Resource Fair & Wild Rumpus on March 2nd.

Marlo says, "Had a good time yesterday! There were lots of adorable children having a great time playing! Gave out resources to families and made connections for future collaborations. Thank you for coming out Brianne!"



Want to invite 4-C to your event?

Invite Us to Your Event

## FREE Family Event!



Join us for a free Family Event! Learn more about 4-C's free family programming: play groups, Parent Cafés, child care referrals, and more!

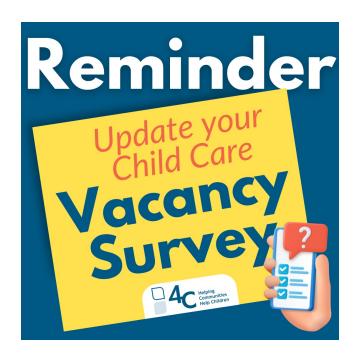
Tour our Resource Room and learn how to borrow toy kits & storytime backpacks. Enjoy light refreshments and meet other parents in our community. Thanks to the Verona Lions, free vision screening for kids 5 and younger will be available!

Thursday, April 11th 5pm - 7pm At 4-C 5 Odana Court, Madison, WI 53719

## For Child Care Providers

# Attention ALL Child Care Providers!

A Chance to Win Prizes!



Each day you fill out your vacancy survey you'll be entered to win one of these prizes:

- Monthly: Five lucky winners will each receive a \$25 gift card!
- Every 60 days: One grand prize winner will be awarded a \$150 gift card!

Questions? Contact Christie Voigt at christie.voigt@4-c.org



## Did you know?

4-C offers child care regulation services and support through our

Family Child Care Certification and
Child Care Pre-Licensing programs.



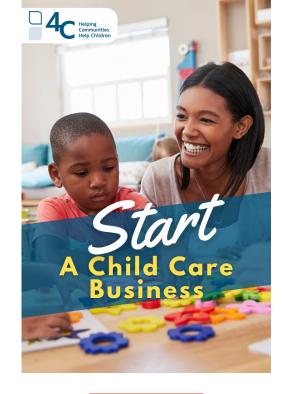
# **Attention:** Group Child Care Providers

It's time for the annual Wages, Benefits, & Staffing Survey!

Complete survey by May 10th, 2024 and your name will be entered into a drawing for a chance to win one of the following prizes:

- 2 \$500 Amazon gift cards
- 2 \$100 Amazon gift cards
- 5 \$50 Amazon gift cards

Need a New Link?



**Learn More** 

# **Child Care Provider Support Groups**

Are you looking to connect with other child care providers?

Check out our list of support groups!

Child Care Provider Support Groups

### **Training Opportunities**

4-C offers high quality trainings and career growth to early care and education professionals at various stages of their professional development.

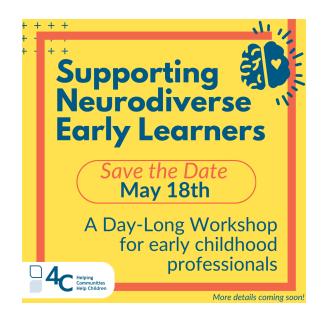
### Upcoming trainings include:

- 4/9 <u>CPR/AED</u>
- 5/9 <u>CPR/AED</u>
- 5/11 <u>Strengthening Families through Early Care and Education with</u> Mandated Reporter (Virtual)

# **Inclusion Conference: Supporting Neurodiverse Early Learners**

Gain a deeper understanding of how you can support young children with autism, ADHD, Down Syndrome, and other neurodevelopmental diagnoses at this daylong conference full of presentations from 4-C staff, community organizations, and early childhood professionals.

Save the Date!



#### **Resources:**

<u>Early Childhood Health Consultation</u> - FREE webinars, podcasts, and services

<u>Child Care Provider Resource Guide</u> from the Department of Children and Families

<u>Tuesday Talks</u> with DCF's Division of Early Care and Education (<u>Información en español</u>)

<u>The National Early Care and Education Workforce Center</u> - elevating ECE workforce

## **For Families**



#### **FREE Online Parenting Classes**

From the creators of Raising Wisconsin's Children comes a series of free online parenting classes held on the third Thursday of the month at 1pm.

• April 18th: Teens, Screens, and



4-C is looking for Parent Volunteers to help us with our family-centered programming.

Learn more through our United Way of

Social Media

 May 16th: Learning Life Skills Through Household Chores

**Learn more and Register** 

Dane County Volunteer Your Time profile, or contact our staff directly.

**Volunteer Your Time** 

**Contact Us** 

#### Parent Café

4-C in partnership with Imagine That! Art Studio (Waupun)

Are you a parent interested in talking with others who understand the struggles and triumphs of parenting? Join us for one or all three upcoming Parent Café sessions at Imagine That! Art Studio in Waupun.

#### April 16th

• Tending to Your Garden: Social Relationships as a Parent

#### April 23rd

Nurturing the Seeds to Grow Strong Families

#### April 30th

Making Lemonade: Finding Hope in Everyday Struggles

We'll provide FREE child care, dinner, and a safe space to have meaningful conversations about parenting.

**Registration Required** 

## **Play Groups!**

### Playful Acorns & 4-C (Middleton)

- April 4th
- Lakeview Park Shelter 6300 Mendota Avenue Middleton
- Registration Required

4-C is partnering with Playful Acorns to offer Play Groups for children ages birth - 5 years in communities across Dane County. More events coming soon!

Register



### University Houses Preschool Free Monthly Preschool Playgroups! (Madison)

- April 13th
- No Registration Needed

Playgroups are outdoors in nice weather otherwise they are inside. Come along to play, chat, and sing with your little ones. Talk to other families while the kids enjoy the toys and dramatic play area. Bring your friends! Everyone is welcome at this free, fun event. Parents accompany



# The Five Strengths

Learn more about the 5 Strengths that research shows benefit every family and explore ways to grow them within your daily life.

#### Be Intentional:

- Learn about different aspects of the Five Strengths
- Explore and do things that build those Strengths
- Ask yourself regularly how strong you think each family Strength is
- Remember that Strengths ebb and flow as circumstances change
- Talk about the Strengths and share them with others
- Allow trusted friends and family to describe the family Strengths they see
- Encourage others to help you to strategize and stay motivated

Learn More

#### **Resources:**

UW Extension - Parenting and Family Relationships

Vroom.org - boost your child's learning with free tips

Wisconsin Department of Children and Families - Plain Talk for Parents

# **Upcoming Community Events**

- 4/4 Play Group Playful Acorns & 4-C (Middleton)
  - Lakeview Park Shelter
  - Registration Required
- 4/6 Fort Atkinson Children's Share and Care Fair (Fort Atkinson)
  - Learn More
- 4/11 4-C Family Event (Madison)
  - Learn More
- 4/13 UPH Playgroup (Madison)
  - University Houses Preschool
  - Learn More

Registration

#### Submit your community event or announcement





Platinum Transparency 2024 Candid.



4-C | 5 Odana Court, Madison, WI 53719

Unsubscribe website@4-c.org

<u>Update Profile</u> | <u>Constant Contact Data</u>

Notice

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